



MindLine Trans + 0300 330 5468

MindLine Trans+ is an mental health emotional support helpline and signposting service for people who identify as Trans, A Gender, Gender Fluid, Non-binary.

We are a national service available on
Mondays + Fridays, 8pm - midnight
Trans, Non- binary volunteers are at the end of the phone to listen and support you.

We are here to provide a non-judgemental, safe and confidential space for you to talk about your feelings.

Don't feel that you are isolated.

It makes a real difference talking to someone about how you feel.

Operated by Bristol Mind and Mind in Taunton and West Somerset with funding from national Mind